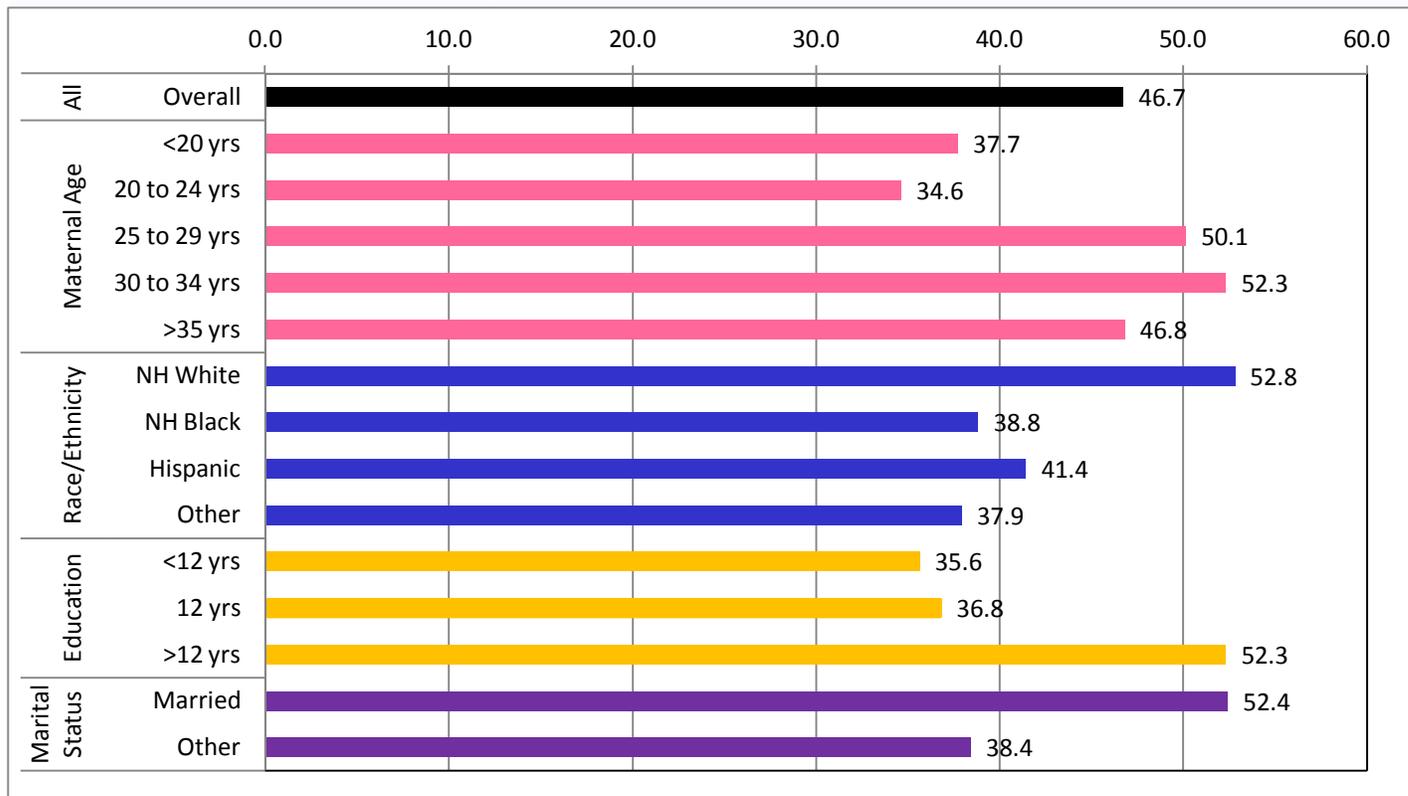


Health Behaviors

Percentage (%) of new mothers in Illinois who reported exercising three or more times per week during the 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? B. I was exercising three or more days of the week



Note confidence intervals (CI) and other details below

		Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴
All	Overall	46.7	43.8 - 49.6	663	69,034
Maternal Age	<20 yrs	37.7	26.3 - 50.6	34	4,112
	20 to 24 yrs	34.6	28.0 - 41.9	82	8,596
	25 to 29 yrs	50.1	44.7 - 55.4	202	22,355
	30 to 34 yrs	52.3	47.3 - 57.3	223	22,877
	>35 yrs	46.8	40.2 - 53.5	122	11,094
Race/Ethnicity	NH White	52.8	49.0 - 56.6	408	41,180
	NH Black	38.8	31.1 - 47.1	79	9,838
	Hispanic	41.4	35.5 - 47.4	126	13,416
	Other	37.9	29.0 - 47.8	46	4,210
Education	<12 yrs	35.6	27.8 - 44.2	59	7,439
	12 yrs	36.8	30.4 - 43.7	98	10,613
	>12 yrs	52.3	48.8 - 55.7	500	50,435
Birth Weight	LBW	45.2	40.0 - 50.6	156	4,805
	NBW	46.8	43.7 - 49.9	507	64,229
Marital Status	Married	52.4	48.8 - 55.9	463	45,891
	Other	38.4	33.8 - 43.3	200	23,142
Medicaid Recipient*	Yes	39.6	35.5 - 43.8	269	29,896
	No	54.1	50.2 - 58.0	391	38,865

¹Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2013 who responded Yes to the survey question for the

²CI = confidence interval

* Delivery paid by Medicaid

³Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

⁴Estimated population affected = Estimated number of Illinois mothers giving birth in 2013 who would respond Yes to the survey question for the specified indicator